



HOLY FAMILY

LIFELONG LEGACY

SR. INNOCENTIA OPENING



It was a special day for the residents and staff, as we officially opened the doors to our new **Interim Care Unit, Sr. Innocentia**. This new space is designed to provide short-term, person-centered support for individuals awaiting placement in a personal care home, helping to bridge the care gap.

We are so proud to offer a safe and compassionate environment for our residents during this transition, and we extend our gratitude to everyone who helped make this possible.



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CANADA DAY CELEBRATIONS



What a fantastic Canada Day we had this year! We owe a massive thank you to the incredible BMW Band for their show-stopping performance. We're already looking forward to next year's celebrations!



Spotlight

STORY OF A RESIDENT

Meet Mac. He spent nearly four decades working for CP Rail, helping keep freight moving across the country. But it wasn't until retirement that he finally returned to a long-lost passion — painting.

He first discovered art at the age of eight, when he picked up a brush and began experimenting with color and form. But as life picked up speed, art took a back seat. For years, the canvas sat untouched.



Now, in the quiet of retirement, Mac has turned his room into a personal gallery — a sunlit space where landscapes bloom and flowers come to life under his brush. From his workstation with a view, he paints daily, making up for lost time and filling his home with scenes that speak to peace, memory, and beauty. Mac welcomes you to view his artwork in the common area of 3C!



STAFF GPA TRAINING

We're thrilled to share that many of our staff recently completed Gentle Persuasion Approach (GPA) training. This program boosts how we interact and communicate, especially in challenging situations, by focusing on empathy and de-escalation. Our team showed incredible dedication, and we're committed to getting all staff familiar with GPA to ensure consistent, high-quality interactions across the board.



A big thank you to everyone who participated! Your commitment helps us better connect with and support the residents we serve. We're excited to see the continued positive impact of GPA as more staff gain these valuable skills.

GARDEN PARTY

We hosted our first Community Garden Party, a heartfelt celebration to express our gratitude to our generous donors, friends, and families. This special event, our first community reception in five years, showcased our beautifully revitalized park, expertly spruced up by the Park Partners. Guests also enjoyed delicious catering prepared by our fabulous NFS Department.

The afternoon was filled with fantastic entertainment, including a smooth jazz trio and the lively Elmwood Senior Jazz Band. An inspiring art gallery featured wonderful pieces created by our talented residents. We were also honored by the presence of the Honourable Bernadette Smith.

We extend our sincere thanks to all the dedicated staff volunteers and the Community Relations Committee members whose hard work and dedication made this event such a success!





KEEPING IT **100**

CELEBRATING OUR CENTENARIANS

Wow, just look at these incredible ladies! We are so proud to introduce our **Century Club**, shining bright with members aged 102, 103, and 104 years young. It is a true privilege to share in their remarkable stories every single day. Their wisdom, resilience, and zest for life are an inspiration to us all, and we feel so lucky to have them as part of HFH.

The **Retired Teachers' Choir** brought such warmth and joy to our Atrium!

A big, heartfelt thank you to the choir for sharing their amazing talent with us! We're already counting down the days until they visit again.

RETIRED TEACHERS CHOIR



CONTEST

SUMMER MOMENTS CONTEST

We want to see how YOU're enjoying summer.

Here's how to participate:

Take a photo that captures your favorite summer moment. Submit your photo by e-mail to **Newsletter@holyfamilyhome.mb.ca** by August 30th.

In your e-mail, please include the names of everyone in the photo and a short caption describing your summer moment.

The winning photos will be featured in our September newsletter and the winners will receive a prize!



REMINDER

To prevent damage on the front entrance doors, **please do not push them.**

When exiting, please punch in the exit code. The second exit doors open once the first set of doors have closed.

Message from our CEO



ANGELA PEELER

Holy Family Home Chief Executive Officer

As July fully embraces us, it's a wonderful time to reflect on the compassion and connection that define HFH. Just like summer days, our care must consistently shine with that same warmth.

Let's individually recommit to the highest standards of attentive, kind care. Every interaction, every moment of your dedication, profoundly brightens a resident's day and brings essential peace of mind to families.

This July is about our unwavering dedication to truly exceptional care, let's make it our best yet!

SCAN ME



CONTACT US

Have an idea for our Newsletter?

E-mail us at: Newsletter@holyfamilyhome.mb.ca