



# HOLY FAMILY

## LIFELONG LEGACY

### POP UP DISCO



Spotlight

This spur of the moment event was a huge success for our residents, ADP clients, staff, volunteers and visitors who all got to participate. It was a joy to see everyone tapping along with the music and dancing. The glow sticks were a hit!

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### PAINT NIGHT



Piece  
of  
our  
heart



In February, we celebrated Therapeutic Recreation month at Holy Family Home. ADP/Recreation hosted Paint night with a Valentine's Day theme. Each resident painted a small canvas which, when put together created a beautiful heart – a symbol of the collective spirit here at HFH.



## STORY OF A RESIDENT

In the cozy corridors of Holy Family Home, there was once a dedicated caregiver named Angelita. She spent years tending to the needs of the elderly residents with unwavering compassion and kindness. Angelita's smile was a beacon of warmth in the nursing home, brightening the days of those she cared for.

As time passed, Angelita's journey took a new turn. After a life of service, she found herself returning to Holy Family Home, not as a caregiver, but as a resident. Despite the role change, Angelita felt a sense of comfort and belonging. She knew every nook and cranny of the place she once worked, and now it is her home.

Among the familiar faces, Angelita reunited with her dear friend and former colleague, Janice. Together, they reminisced about the days they spent working, creating a strong bond that transcended their roles. .

**Welcome Angelita, to your new loving home.**



## SOCIAL WORK MONTH



Social Workers are professionals dedicated to empowering and equipping our residents. Make sure you take some time to acknowledge and appreciate the impactful work of our social work heroes.



## INTERNATIONAL WOMEN'S DAY

**Happy International Women's Day.**

Here's to the women who inspire us daily with their courage and compassion.

For the women who have shaped us and walked this path before us, we thank you!

Magic truly happens in the presence of dedication, perseverance and unwavering strength.

To My Mom.  
Strongest  
work ethic  
ever.

my mom was  
the most caring  
and compassionate  
person i ever!  
She helped me  
appreciate  
LIFE!

My sister,  
for believing  
in me when  
no one else  
did.

To my mom  
for always  
being my  
rock!

To all the  
strong women  
that have  
paved the  
path before  
us! Thank  
you.

My dear  
sister (Adina)  
and my  
beautiful  
mom



March 8





# NUTRITION MONTH



We are sooo lucky to have our own kitchen here on site to prepare fresh meals for our home! Let's celebrate them this month. Don't forget to express your gratitude to all the Nutrition and Food Services (NFS) staff!



A special thank you to the NFS Department for all the hard work they put into making our Black Tie Bingo event a huge success.



## CELEBRATING THE LIFE OF JACK KISIL

On February 23, 2024, our beloved Jack Kisil peacefully passed away surrounded by his family at Holy Family Home. Jack, who served as CEO at Holy Family Home for an admirable 36 years before retiring at 60, leaves behind a legacy of compassion and dedication. As we honour Jack's life and legacy, a service will be held on March 15, 2024, at 10:30am at Holy Eucharist Ukrainian Catholic Church, 505 Watt St. At HFH we will remember his life on March 20, 2024 in our chapel. Your presence and support during this time are deeply appreciated as we come together to celebrate the remarkable life of Jack Kisil.



ВІЧНА ПАМ'ЯТЬ!

TO SERVE IS TO LOVE



# VIRTUAL DEMENTIA TOUR

Presented by the Alzheimer's Society. 70 staff got to experience how it might feel to be a resident living with Dementia. This hands on activity allowed staff to "step into the shoes" of the residents we take care of.



## GIFT SHOP

If you're looking for a last minute gift – The gift shop is now open on Sundays! They accept cash and all proceeds go back to funding resident activities. Stop by and make a purchase to show your support!



## NEED A BOOST?

We have a new coffee machine on the main floor by recreation. Open 8:30 am - 8:30 pm Monday to Friday and 9 am - 5 pm on weekends. We hope this will provide moments of connection and warmth. Donations will help sustain this service.



## WEDNESDAY WAKE-UP

Forgot to eat breakfast? Feeling peckish? The link is now open Wednesday mornings from 9 am - 10:15 am for a tasty treat to jump start your day!



COMING SOON

## WE'RE BATHED IN EXCITEMENT!

The Tub rooms in Building A are getting a revamp, starting with 2A and 4A. Fresh paint, storage and new tubs are being installed, ready for our residents to enjoy.

## NEW TUBS AREN'T THE ONLY THING IN PROCESS!

Coming soon to a tub room near you! We are grateful for a grant from the Winnipeg Foundation we have received which will be put towards bath sheets for all the residents. In other words...big fluffy towels!!!

Alzheimer Society  
MANITOBA  
Dementia Care & Brain Health

THE WINNIPEG FOUNDATION

Message from our CEO



## ANGELA PEELER

Holy Family Home Chief Executive Officer

Slava Isusu Kristu!

Welcome to the inaugural HFH newsletter.

To our staff, thank you for all that you do for our residents.

To our families and broader community, thank you for entrusting your loved ones into our care.

We are grateful for all your support.

Please enjoy a snapshot of life at Holy Family Home.