



Holy Family Home
Дім Пресвятої Родини



Adult Day Program

Come join the FUN!

Our program is a community-based, grant funded program of the Winnipeg Regional Health Authority. The program provides social and recreational opportunities to participants living in the community. It also offers respite to caregivers.

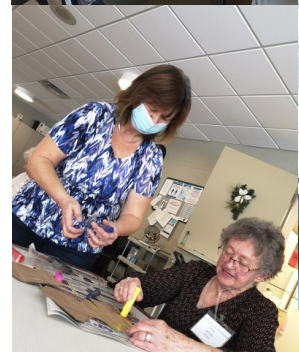
Sample activities include:

- > Active Games (bowling, bean bag toss, shuffleboard, etc.)
- > Stretching and Chair Exercises
- > Cognitive Games (card/word games, bingo, etc.)
- > Music
- > Cultural Programs
- > Spiritual Programs
- > Seasonal Arts & Crafts
- > Conversation Groups (current events, peer support, etc.)
- > Holiday and Birthday Celebrations

Time: 9 a.m.-2 p.m. (Monday to Thursday)

Cost*: \$18.88 per day
(*reduced rate of \$9.81 if applicable*)

*Includes breakfast (toast and coffee) and lunch (typically soup, main course, dessert)



Referral is required through the *Long Term Care Access Centre* Home Care Case Coordinator **204-940-8670**

For more information, please call us 204-589-7381 Ext. 277